2011.08.19

S1 Smart Teens Discipline Training Passing-out Ceremony --- Principal Address 中一先鋒領袖紀律及步操訓練結業禮 --- 校長致辭

Dear Dr Cheung, Mr Law, Parents, Teachers and Students

Good afternoon, it is nice to see you all in memorable Passing-out Ceremony for our S1 Smart Teens Discipline Training Programme which was started on Monday, 15<sup>th</sup> August, 2011. We are indeed honoured to have Dr Tony Cheung, Senior Assistant Commissioner, Regional Commander of NTE of HKRSA and Chairman, Tsing Ma Lion Club, Lion Clubs International District 303, HK & Macao, China. (香港交通安全會新界南總區指揮官高級助理總監及國際獅子會總會中國港澳 303 區香港青馬獅子會會長張振雄博士) to inspect the parade.

In order to help our Secondary 1 new students to better adapt to secondary school life, in these 2 weeks we have organized a series of S1 Orientation Programme which include Smart Teens Discipline Training, Life Skills & Social Adaptation Lessons, Bridging Programme, Multiple Intelligences Lessons and Parents' Orientation Day. Personal & Leadership Empowerment of S1 students through Discipline and Life Skills Training aimed at:

Face up to adversity, never give up
面對逆境,自強不息
Develop the whole person, strive for excellence
全人發展,追求卓越
Build up physical fitness, achieve physical and mental wellness
強健體魄,身心愉快
Help & love others, serve the community
互助互愛,服務社群

Most important of all, the practice, the training, exercises and even the sweats in these days, you are making a difference to your life. You are trained to be a compassionate and loving young people. Have you ever thought of --- saying 'Good Morning', giving others a look that cares or just telling yourself "Yes, I can' --- It's hardly imagine in these simple things, you can give those in great difficulties or even yourself the courage and inspiration to overcome any challenges? It is easy to be a happy individual if we are more caring, more determined and more confident. It is the power to change yourself and make our world more beautiful. Students as from today, let's work together by making a difference in the lives of others and what I can assure is a more meaningful as well as fruitful life in front of you! Thank you.